|  |  |  |
| --- | --- | --- |
| **Gear Selection**  **□** Base layer  **□** Insulation Layer  **□** Outer Layer  **□** Down vs. Synthetic  **□** Gaiters  **□** Poles – proper sizing, maintenance | | |
| **Self** | **Peer** | **Teacher** |

|  |  |  |
| --- | --- | --- |
| **Meal Planning**  **□** Nutritional Value – allergies, diets, shelf-life, caloric need, appealing, diversity  **□** Packability – size, weight, hardiness  **□** Field Appropriate - prep time, effort to clean up, fuel consumption, minimal waste and garbage | | |
| **Self** | **Peer** | **Teacher** |

|  |  |  |
| --- | --- | --- |
| **Knots**  **□** Clove hitch  **□** Trucker’s hitch  **□** Taut line hitch  **□** Bowline | | |
| **Self** | **Peer** | **Teacher** |



|  |  |  |
| --- | --- | --- |
| **Water Filtration**  **□** Giardia Lambla, Cryptosporidium  **□** Proper site selection (moving water, still water)  **□** Pump setup – no loose parts on ground, correct intake/outtake, gravity hang setup (MSR Autoflow only), minimize particulate  **□**Pump technique – no lateral torsion (MSR Hyperflow only), close to body  **□** Troubleshoot pressure issues | | |
| **Self** | **Peer** | **Teacher** |

|  |  |  |
| --- | --- | --- |
| **Tents & Shelter**  **□** Site selection  **□** Correct use of footprint  **□** Tent setup – efficient, organized, timely, avoids undue stress to poles and fabric, utilizes pegs and anchors for a taut pitch  **□** Livability – organized entranceways, intentional gear in tent, options for ventilation | | |
| **Self** | **Peer** | **Teacher** |

|  |  |  |
| --- | --- | --- |
| **Tarps**  **□** Site selection  **□** Intentional drainage  **□** Sufficient pitch, wind considerations  **□** Fixed anchors and improvised anchors  **□** Troubleshoot broken or torn tarp anchor | | |
| **Self** | **Peer** | **Teacher** |

|  |  |  |
| --- | --- | --- |
| **Stoves and Cooking**  **□** Site selection  □ Stove setup – heat reflector and wind shield, fuel bottle locked on with valve upright  **□** Correct priming technique  **□** Correct stove lighting technique  **□** Use pot grips to move pots and strain liquids  **□** Safe practice | | |
| **Self** | **Peer** | **Teacher** |

**Name:**